

WHY JOINT/SHARED-USE?

Creating more access to safe physical activity spaces like gymnasiums, athletic fields, and playgrounds increases physical activity levels in Los Angeles County. Physical activity helps combat obesity and its impacts.¹

3,318,230

Number of people with Cardiovascular disease and Diabetes combined in 2010²



Effects of inactivity in Los Angeles County

\$13 Billion



Estimated healthcare cost for Cardiovascular disease and Diabetes combined in 2010²

Obese children miss significantly more days of school than their healthier weight peers.³

71.3%

Percent of children 6-17 years who do not obtain the recommended amount of exercise each week⁴



References:

- 1 Guide to Community Preventive Services. Environmental and policy approaches to increase physical activity: creation of or enhanced access to places for physical activity combined with informational outreach activities. www.thecommunityguide.org/pa/environmental-policy/improvingaccess.html.
- 2 Brown PM, Gonzalez ME, Sandhu R, Conroy SM, Wirtz S, Peck C, Nunez de Ybarra JM. 2015. California Department of Public Health. Economic Burden of Chronic Disease in California 2015. Sacramento, California.
- 3 Geier, A. B., Foster, G. D., Womble, L. G., McLaughlin, J., Borradaile, K. E., Nachmani, J., Sherman, S., Kumanyika, S. and Shults, J. (2007), The Relationship Between Relative Weight and School Attendance Among Elementary Schoolchildren. *Obesity*, 15: 2157-2161. doi: 10.1038/oby.2007.256
- 4 Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. Key Indicators of Health by Service Planning Area; March 2013

www.publichealth.lacounty.gov/cardio/

